

# 4-H

## SHOOTING SPORTS PROGRAM



# SHOTGUN

NAME: \_\_\_\_\_

## **4-H PLEDGE**

**I PLEDGE  
MY HEAD TO CLEARER THINKING,  
MY HEART TO GREATER LOYALTY,  
MY HANDS TO LARGER SERVICE,  
MY HEALTH TO BETTER LIVING,  
FOR MY CLUB, MY COMMUNITY,  
MY COUNTRY, AND MY WORLD.**

## **4-H MOTTO**

**TO MAKE THE BEST BETTER**

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**THIS WORKBOOK WAS COMPILED AND PRODUCED FOR THE  
SULLIVAN COUNTY 4-H SHOOTING SPORTS SHOTGUN PROGRAM**

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**4-H SHOOTING SPORTS PROGRAM  
PROJECT WORKBOOK - SHOTGUN**

**YEAR**\_\_\_\_\_

**NAME**\_\_\_\_\_

**ADDRESS** \_\_\_\_\_

\_\_\_\_\_

**TELEPHONE NUMBER**\_\_\_\_\_ **COUNTY**\_\_\_\_\_

**NAME OF 4-H CLUB**\_\_\_\_\_

**INSTRUCTOR NAMES**\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**NUMBER OF MEETINGS HELD**\_\_\_\_\_

**NUMBER OF MEETINGS YOU ATTENDED**\_\_\_\_\_

**YEARS IN 4-H (INCLUDING THIS YEAR)**\_\_\_\_\_

## MY PERSONAL GOALS IN SHOOTING SPORTS

List the things you would like to accomplish in this year's club:

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Did you accomplish all of your goals for this year? (Explain whether goals were accomplished and if not why)

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4-H MEMBERS SIGNATURE

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4-H LEADERS SIGNATURE



# SHOTGUN WORKSHEET #1



Safety on the shotgun range.

1. Name two safety items that are mandatory for shotgun shooting.

A. \_\_\_\_\_ B. \_\_\_\_\_

2. List other items that are a benefit for the shotgun shooter.

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3. Why is it important to have a shotgun fit the shooter?

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4. What are the four basic rules for safe firearm handling?

A. \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_

D. \_\_\_\_\_

5. If a misfire occurs, what should you do?

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## SHOTGUN WORKSHEET #2



Getting to know your shotgun.

1. Name the major parts of all shotguns

A. \_\_\_\_\_ D. \_\_\_\_\_ G. \_\_\_\_\_  
B. \_\_\_\_\_ E. \_\_\_\_\_ H. \_\_\_\_\_  
C. \_\_\_\_\_ F. \_\_\_\_\_

2. Name the three different types of modern shotgun actions.

A. \_\_\_\_\_ C. \_\_\_\_\_  
B. \_\_\_\_\_

3. What is the purpose of the barrel?

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4. What is the purpose of the SAFETY?

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5. Some competition shotguns do not have safeties. What rule is used to ensure safety on and off the firing line to deal with this?

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6. What is the reason for a shotgun having a smooth barrel?

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7. Where must shotguns always be pointed and why?

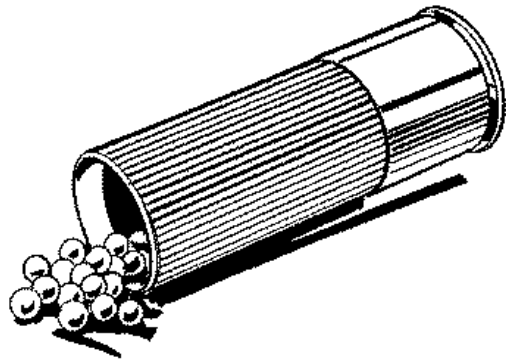
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# SHOTGUN WORKSHEET #3

Getting to know your equipment.



1. Name the parts of a shotgun shell

- A. \_\_\_\_\_ C. \_\_\_\_\_ E. \_\_\_\_\_  
B. \_\_\_\_\_ D. \_\_\_\_\_

2. What purpose does the primer serve?

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3. Name six different shotgun gauges.

- A. \_\_\_\_\_ C. \_\_\_\_\_ E. \_\_\_\_\_  
B. \_\_\_\_\_ D. \_\_\_\_\_ F. \_\_\_\_\_

4. What is shot size and why is it important?

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5. What is "choke" and how does it affect the shot pellets?

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6. Why should different gauges of shells not be carried while on the range or in the field?

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# SHOTGUN WORKSHEET #4



1. Why is "eye dominance" important?

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Which is your dominant eye?

RIGHT\_\_\_ LEFT\_\_\_

2. What is follow through and why is it important?

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3. What is the typical command the shooter gives when he/she is ready for a target?

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4. The boxer's stance is the preferred way of standing for shotgun shooting. What are the benefits of this stance?

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5. What are some common shotgunning errors?

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6. Describe the importance of developing a pre-shot routine.

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**SHOTGUN WORKSHEET #5**

**(SENIOR MEMBERS ONLY)**

**1. Many modern shotguns have choke tubes. What is the benefit of changing chokes?**

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**2. If you are shooting American trap, what choke tube might you use? Why?**

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**3. If you are shooting skeet, why would you want to use a "skeet" choke?**

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**4. What are the most common shot sizes used in American trap?**

A. \_\_\_\_\_ B. \_\_\_\_\_

**5. Why is it not a good choice to use "high brass" shells for clay target shooting? What is the safety concern?**

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**6. We discuss pre-shot routines and staying focused. Describe how you achieve these two important tasks.**

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**SHOTGUN WORKSHEET # 6**

**(SENIOR MEMBERS ONLY)**

1. Gun hold position is an important part of trap shooting. Explain how and why gun position should be adjusted on a windy day when targets are flying higher than normal.

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2. Where is the ideal location for breaking skeet targets in regards to the skeet range?

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3. In skeet shooting we refer to "mount point", "hold point", and "break point". Describe each of these points as they relate to shooting skeet.

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4. Describe what you should NEVER do when you miss a target and why.

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5. List two things you can do as part of your diet to improve stamina before and during a shooting event?

1. \_\_\_\_\_  
2. \_\_\_\_\_

# Shotgun Equipment and Safety Knowledge

The appropriate boxes must be dated and initialed by a *certified shotgun instructor*.

Name of 4-H member \_\_\_\_\_

**Demonstrates knowledge of shotgun safety, including safety considerations pertaining to:**

Knowledge	<i>Never</i>	<i>Sometimes</i>	<i>Almost Always</i>	<i>Always</i>
• Four rules of gun safety				
• Zone of Fire and Direction				
• Eye and Ear Protection				
• Equipment handling				
• Use of appropriate ammunition				
• Safety on the range				
• Range operation				

**Demonstrates knowledge of shotgun equipment, including**

	<i>Instructor's Initials</i>	<i>Date</i>
• Parts of a shotgun	_____	_____
• Bore sizes	_____	_____
• Choke	_____	_____
• Action types	_____	_____
• Ammunition	_____	_____
• Targets and target identification	_____	_____

**Demonstrates knowledge of shotgun shooting fundamentals, including**

• Eye dominance	_____	_____
• Stance	_____	_____
• Gun ready position	_____	_____
• Gun mount	_____	_____
• Swing to target	_____	_____
• Trigger pull	_____	_____
• Follow through	_____	_____

**Demonstrates ability to properly care for shotgun and equipment, including**

• Cleaning	_____	_____
• Storage	_____	_____
• Transportation	_____	_____





*The focus of all 4-H programs is the development of youth as individuals and as responsible and productive citizens. The National 4-H Shooting Sports Program stands out as an example. Youth learn marksmanship, the safe and responsible use of firearms, the principles of hunting and archery, and much more. The activities of the program and the support of caring adult leaders provide young people with opportunities to develop life skills, self-worth, and conservation ethics.*