

# Archery Equipment & Safety Knowledge

*The appropriate boxes must be dated & initialed by a Certified 4-H Archery Instructor*

Name of Member \_\_\_\_\_ 4-H Year \_\_\_\_\_

***Demonstrates knowledge of archery safety, including safety considerations pertaining to:***

***Knowledge***

- ⊙ Zone of fire & direction
- ⊙ Wearing safety equipment
- ⊙ Equipment Handling
- ⊙ Arrow Retrieval
- ⊙ Range Operation

Never	Sometimes	Almost Always	Always

***Demonstrates knowledge of archery equipment, including:***

- ⊙ Bow types & materials
- ⊙ Parts of bows & arrows
- ⊙ Arrow shaft materials
- ⊙ Arrow points & fletching
- ⊙ Quivers
- ⊙ Finger tabs, gloves, arm guards, safety glasses
- ⊙ Targets & target identification

Instructor Initials	Date
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

***Demonstrates proper archery shooting form, including:***

- ⊙ Eye dominance
- ⊙ Stance & posture
- ⊙ Bow-hand grip
- ⊙ Nocking the arrow
- ⊙ Setting the hook
- ⊙ Pre-draw
- ⊙ Draw
- ⊙ Anchor
- ⊙ Aim
- ⊙ Release
- ⊙ Follow through

_____	_____
Instructor Initials	Date

# Archery Shooting Record

1<sup>st</sup> year: 5 rounds

2<sup>nd</sup> year: 10 rounds

3<sup>rd</sup> year & over: 15 rounds

	<i>Verifier</i>	<i>Date</i>	<i>Round</i>	<i>Score</i>
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____
7.	_____	_____	_____	_____
8.	_____	_____	_____	_____
9.	_____	_____	_____	_____
10.	_____	_____	_____	_____
11.	_____	_____	_____	_____
12.	_____	_____	_____	_____
13.	_____	_____	_____	_____
14.	_____	_____	_____	_____
15.	_____	_____	_____	_____

Weight of draw (usual bow used) \_\_\_\_\_ Length of Draw \_\_\_\_\_  
Length of arrow \_\_\_\_\_